

Harmful Conduct Inventory (Including Sex)

1

Who have I harmed?

2

How did I harm them?

What did I unjustifiably arouse?

Jealousy?

Suspicion?

Bitterness?

3

What did I affect, threaten, hurt or interfere with? (*About them*)

Self-esteem, security, ambitions, pocket book, personal relations, emotional security, sex relations

4

Where am I at fault?

Where am I to blame?

What were my mistakes?

Identify character defects, liabilities, shortcomings, blocks, i.e. *false pride, jealousy, lust, dishonesty, envy, greed, fear, sloth, hate, selfishness, impatience, self-seeking, inconsideration, selfishness, irresponsibility, Fear, slander, blaming, anger/rage, avoidance*

5 (Power)

What should I have done instead?

How can I set matters straight?

Identify assets to strive for i.e. *humility, trust, intimacy, honesty, contentment, generosity, love, zeal, enthusiasm, forgiveness, unselfishness, patience, faithfulness, helpfulness, consideration, responsibility, faith, courage, restitution, speak well of others, accountability, generosity*

Prayer

"God mold my ideals and help me live up to them."